



DELTA DOLPHINS

Newsletter
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“It isn’t hard to be good from time to time in sports. What is tough is being good everyday” Willie Mays

Happy New Year to everyone. The start of the new year means that half of the swim season is over. I know it is a long season, but I am happy to see that we still have a great turn out at all the practices.

Thanks to everyone who helped out at the Dual Meet with Marquette. Everything seemed to run very well, especially with the set up, take down, and cleaning up after the meet. Just a couple more to go.

The meet with Marquette went very well. There were some awesome times and awesome swims, especially on events that were tried for the first time by the swimmers. There were 5 team records broken at this meet. Thomas Prica broke 2 records in the 11-12 year old group, Jack Stephenson, Addam Claes, and Samantha Cope each broke a record in their age group. The swimmer of the meet was Andrew Dykema. Congratulations Andrew.

The only area of concern for the swimmers after the dual meet was the number of DQ’s on the backstroke, especially on the turns. The coaches will be working with the swimmers the next few weeks to try and work some of the kinks out. We will also be working on the mental part of swimming, which is being prepared for the event the swimmer is doing. Most of the swimmers that were disqualified know how to do the turns, but they had a small mental lapse that got them in trouble.

With the start of the new year this would be a good time for a reminder about the rotating groups. This week groups B and C will come to the first session. The swimmers are Andrew D., Charlie W., Lindsey M., Jack S., Katie S., Jacob W., and Addam C. Group A (Russell, Dylan, Stephen M.) will come to the second group.

Our next meet is Jan. 9th in Rudyard. There are maps at the pool for those who need them. After this meet will be the Green Bay Winter open Jan. 22-24th.

Please pay your meet fees at the front desk.

Please call me if you have any questions. My cell phone is 399-3138.

Coach Tom

YMCA of Delta County



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Building Strong Kids, Strong Families,
and Strong Communities.